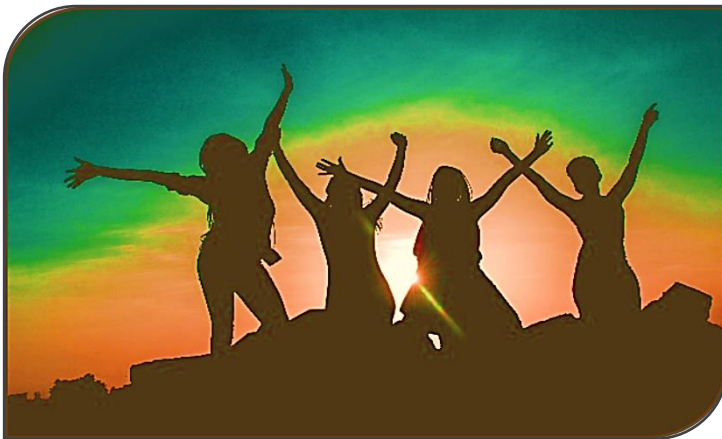


2021 TERM 1 / TERM 2 EMPOWERING WOMEN'S COURSE



COURSE DETAILS

WHEN	Day/s	Tuesdays
	Start Date	2 February 2021
	End Date	22 June 2021
TIMES	9.30am to 1.30pm	
COST	Free	
WHERE	The Hub, Bairnsdale: 27 Dalmahoy Street (corner Service Street)	
OTHER	There are no classes held during school and public holidays.	

ABOUT THIS COURSE

This fun course is designed for women who want to explore and discover their potential; become happier, stronger, and more self-confident; and learn how to set goals.

Please note that all our courses are held in supportive, relaxed, and friendly environments.

WHAT THIS COURSE OFFERS

Participants will:

- Explore the art of self-expression,
- Build new strengths and talents,
- Become aware of new possibilities in life, and
- Learn good health and nutrition.

WHAT YOU NEED TO BRING

- There will be handouts given in class, however, you can bring your own notebook and pen if you wish to take further notes.
- A friendly smile and a willingness to have some fun while learning 😊

***Free Childcare**
(For Paynesville residents only, conditions apply)

CONTACT DETAILS

Please call 5156 0214 or send an email to: info@pnc.vic.edu.au to register your interest or to find out more information.